What the Prophet ﷺ Taught us about Patience

Compiled by
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بِسْمِ ٱللَّهِ ٱلرَّحْمَٰنِ ٱلرَّحِيمِ

الوسائط الخفيفة

Abu Umamah reported: The Messenger of Allah, peace and blessings be upon him, said, **“Verily, when the Muslim falls ill, Allah Almighty inspires the angels, saying: O angels, I have detained My servant with My confinement. If I take his soul, he will be forgiven. If I heal his body, he will be forgiven as if he had no sins.”**

Source: al-Mu’jam al-Kabīr lil-Ṭabarānī 7701
Grade: Sahih (authentic) according to Al-Albani

Ka’b reported: The Prophet, peace and blessings be upon him, said, **“The parable of the believer is that of a tender plant. The wind sways it at times, and it returns to balance at times. The parable of the hypocrite is that of a cedar tree. It continues to be rigid until it is suddenly uprooted in a single moment.”**

Source: Ṣaḥīḥ al-Bukhārī 5643, Ṣaḥīḥ Muslim 2810
Grade: Muttafaqun Alayhi (authenticity agreed upon) according to Al-Bukhari and Muslim

Ibn Abbas reported: The Messenger of Allah, peace and blessings be upon him, said, **“If one of you is struck by a calamity, let him remember my affliction, for it was among the greatest of calamities.”**

Source: Shu’ab al-Imān lil-Bayhaqī 10152
Grade: Sahih (authentic) according to Al-Albani

Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said, **“Allah Almighty said: If I put My servant to trial and he does not complain of Me to his visitors, I will release him from his captivity, then I will replace his flesh and blood with what is better, then he will resume his record of deeds anew.”**

Source: al-Sunan al-Kubrá lil-Bayhaqī 6548
Grade: Sahih (authentic) according to Al-Albani

Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said, **“Verily, Allah Almighty sends down support in proportion to the need, and He sends down patience in proportion to the trial.”**

Source: Musnad al-Bazzār 8878 Grade:
Sahih (authentic) according to Al-Albani

‘Amr ibn ‘Abasah reported: I came to the Messenger of Allah, peace and blessings be upon him, and I said, **“O Messenger of Allah, who is with you in this matter?”** The Prophet said, **“The free and the enslaved.”** I said, **“What is Islam?”** The Prophet said, **“Kind words and feeding the hungry.”** I said, **“What is faith?”** The Prophet said, **“Patience and tolerance.”** I said, **“Whose Islam is best?”** The Prophet said, **“One from whose tongue and hand the Muslims are safe.”** I said, **“Whose faith is best?”** The Prophet said, **“One with good character.”** I said, **“Which prayer is best?”** The Prophet said, **“One with a long supplication.”** I said, **“Which emigration is best?”** The Prophet said, **“To emigrate away from what is hated by the Lord Almighty.”** I said, **“Whose jihad is best?”** The Prophet said, **“One whose horse has fallen and his blood gushes forth.”** I said, **“Which hours are best?”** The Prophet said, **“The depths of the late night.”**

Source: Musnad Aḥmad 19435
Grade: Sahih li ghayrihi (authentic due to external evidence) according to Al-Arna’ut

Notable Mentions from the Sahahbah (رضي الله عنه)

Qays ibn Khabtar reported: Abdullah ibn Mas'ud, may Allah be pleased with him, said, **"Accept two things you dislike: death and poverty. By Allah, there is nothing but richness and poverty, and I do not care with which of them I am put to trial, for the right of Allah in each of them must be fulfilled. If it is richness, then in it is appreciation. If it is poverty, then in it is patience."**

Source: al-Zuhd wal-Raqā'iq 566

Makhul reported: Ibn Umar, may Allah be pleased with him, said, **"Verily, a man will seek the decision of Allah Almighty, and He chooses for him, yet he is displeased with his Almighty Lord. If he only waited to see the final result, he would find it is better for him."**

Source: al-Zuhd wal-Raqā'iq li-Ibn al-Mubārak 1627